

July 12

[O Muhammad]
Mention Idris [Enoch]
in the Book [the Qur'an] as well.
He was also a man of truth,
and a Prophet whom We raised to high status.

All these Messengers and Prophets
are among the ones blessed by God,
the offspring of Adam.

And these Messengers and Prophets
are from the offspring of Noah
and the people saved on his ship;
from the offspring of Ibrahim and Israel [Jacob],
and from the offspring of those We chose to be guided.
They prostrate themselves with weeping
when the words of the Most Compassionate
are recited to them.

July 13

But these first Prophets and Messengers
were followed by generations
who neglected to perform Salah [prayers]
and instead followed their own desires.
They will be punished,
except for those who repent, believe,
and do good deeds;
the latter ones will be welcomed into Paradise
and nothing they did will lack just compensation.
Their homes in the unseen future will be
the Gardens of Eden,
which the Most Compassionate
has promised His servants.
And His promise will absolutely be fulfilled.

In Paradise, the deserving believers
will hear no evil talk;
but Salam [peace] greetings
and be provided with everything they need,
both in the morning and in the afternoon.